Cardio Total Health
Comprehensive Daily Supplement

DESCRIPTION
Cardio Total Health is a synergistic and comprehensive combination of vitamins, minerals, enzymes, herals, and other nutrients, carefully formulated and specifically designed to support the healthy structure and function of the cardiovascular system.

FUNCTIONS
Studies show that a high percentage of adults in North America and other developed countries eat less than the minimum daily allowance of 10 or more essential nutrients. Adequate amounts and proper balance of these nutrients are needed not only for maintaining good health, but also for the dietary management of the body’s structure as well as the optimum functioning of its various systems, including the cardiovascular system. Cardio Total Health has been carefully developed to contain the right proportions of vitamins, minerals, trace elements, and other nutrients without danger of toxic build-up or of side effects. Each ingredient is selected in consideration of its absorbability, competitive relationship with other nutrients, allergenic potential, and long-term safety. Certain nutrients such as beta-carotene, vitamin C, vitamin E and B-complex vitamins are included in high-potency amounts because of the vital roles they play in antioxidant protection, energy production and maintenance of healthy blood cells, nervous system, hormonal balance, and more. Minerals and trace elements are provided in their safest and most bioavailable forms.

Cardio Total Health contains not only a specific base formula that offers intensive support for the healthy functioning of the body in general including the heart and vascular system, but also a blend of herbs and additional nutrients specifically formulated for maintenance of healthy cardiovascular structure and function. Herbs such as hawthorn and ginkgo have vasodilatory effects on the cardiovascular system, lowering the resistance to blood flow in the peripheral vascular system. Other positive actions on cardiovascular structure and function include inotropic effects, increasing heart rate, contractile force, and nerve conductivity. Cardio Total Health also provides potent antioxidant protection against free radical-induced oxidative damage to the cardiovascular system.

INDICATIONS
Cardio Total Health may be a useful dietary supplement for those who wish to support the healthy structure and function of their cardiovascular system.

FORMULA (WW #10030)
4 Tablets Contain:
500 mg CV-Support Proprietary Blend of:
EDTA, Lecithin (Soya, yielding Phosphatidylcholine, Phosphatidylethanolamine and Phosphatidylinositol), Mucopolysaccharides, Polysaccharides, Betaine HCl, L-Carnitine, Garlic (deodorized), Pepsin, Papain, Trypsin, Chymotrypsin, Cayenne, Chickweed, Hawthorn Berry, Pectin, Mistletoe, Alfalfa (leaf), Ginger, L-Cysteine/N-Acetyl-L-Cysteine, L-Methionine, Bromelain (minimum 2000 m.c.u.), Coenzyme Q-10/Ubiquinone, Ginkgo biloba, Pantethine and Glutamic Acid HCl
Beta-Carotene (Vitamin A Activity) ............. 15,000 I.U.
Vitamin A (Palmitate, Water Dispersible) ...... 5,000 I.U.
Vitamin D-3 .................................................. 50 I.U.
Vitamin E (Succinate) ................................. 200 I.U.
Vitamin C (Ascorbic Acid) ....................... 1,000 mg
Vitamin B-1 (Thiamine HCl) ....................... 50 mg
Vitamin B-2 (Riboflavin) ......................... 25 mg
Niacin .......................................................... 20 mg
Niacinamide ............................................... 100 mg
Pantothenic Acid (as d-Calcium Pantothenate) .. 150 mg
Vitamin B-6 .............................................. 25 mg
(as Pyridoxine HCl/Pyridoxal-5-Phosphate Complex)
Vitamin B-12 ............................................ 100 mcg
Folic Acid ................................................. 800 mcg
Biotin .......................................................... 300 mcg
Choline (from Choline Citrate/Bitartrate) ....... 20 mg
Inositol .................................................... 25 mg
Citrus Bioflavonoid Complex ................. 100 mg
PABA (Para-Aminobenzoic Acid) ............. 50 mg
Calcium (Citrate/Ascorbate Complex) ......... 300 mg
Magnesium (Aspartate/Ascorbate Complex) ... 300 mg
Potassium (Aspartate Complex) ............... 75 mg
Zinc (Aspartate Complex) ...................... 20 mg
Copper (Amino Acid Chelate) ................... 2 mg
Manganese (Aspartate Complex) ............ 15 mg
Chromium GTF ........................................ 200 mcg
(Organically bound with GTF activity-low allergenicity)
Selenium ............................................................ 200 mcg  
  (Organic Selenium in Krebs† Cycle and Kelp)
Molybdenum (Krebs†) ........................................ 50 mcg
Vanadium (Krebs†) ........................................... 25 mcg
Boron (Aspartate/Citrate Complex) ..................  1 mg
Trace Elements (Sea Vegetation) .....................  100 mcg
†Krebs=Citrate, Fumarate, Malate, Glutarate and Succinate Complex

**SUGGESTED USE**
Adults take 4 tablets daily with meals or as directed by a healthcare professional.

**SIDE EFFECTS**
No adverse effects have been reported.

**STORAGE**
Store in a cool, dry place, away from direct light. Keep out of reach of children.

**REFERENCES**
Craig WJ. Health-promoting properties of common herbs. Am J Clin Nutr 1999;70:491S-499S.
Emmert DH, Kirchner JT. The role of vitamin E in the prevention of heart disease. Arch Fam Med 1999;8:537-42.